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ALLIANCE CENTER

WHAT DO YOU KNOW ABOUT BEING GREEN?

The Alliance Center knows quite a bit.

See page 7



RANGERS AIM BIG!

Get up to date on Ranger sports pre-spring break. In this issue: Basketball, Baseball, Softball, and Lacrosse.

See pages 8-9



FOR YOUR ENTERTAINMENT

Good music, some "Grease" lighting, and a good read.

See pages 10-11

REGIS UNIVERSITY

Highlander

a weekly publication



Serving the Regis community since 1888

Volume 90, Issue 19

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Tuesday, March 11, 2008

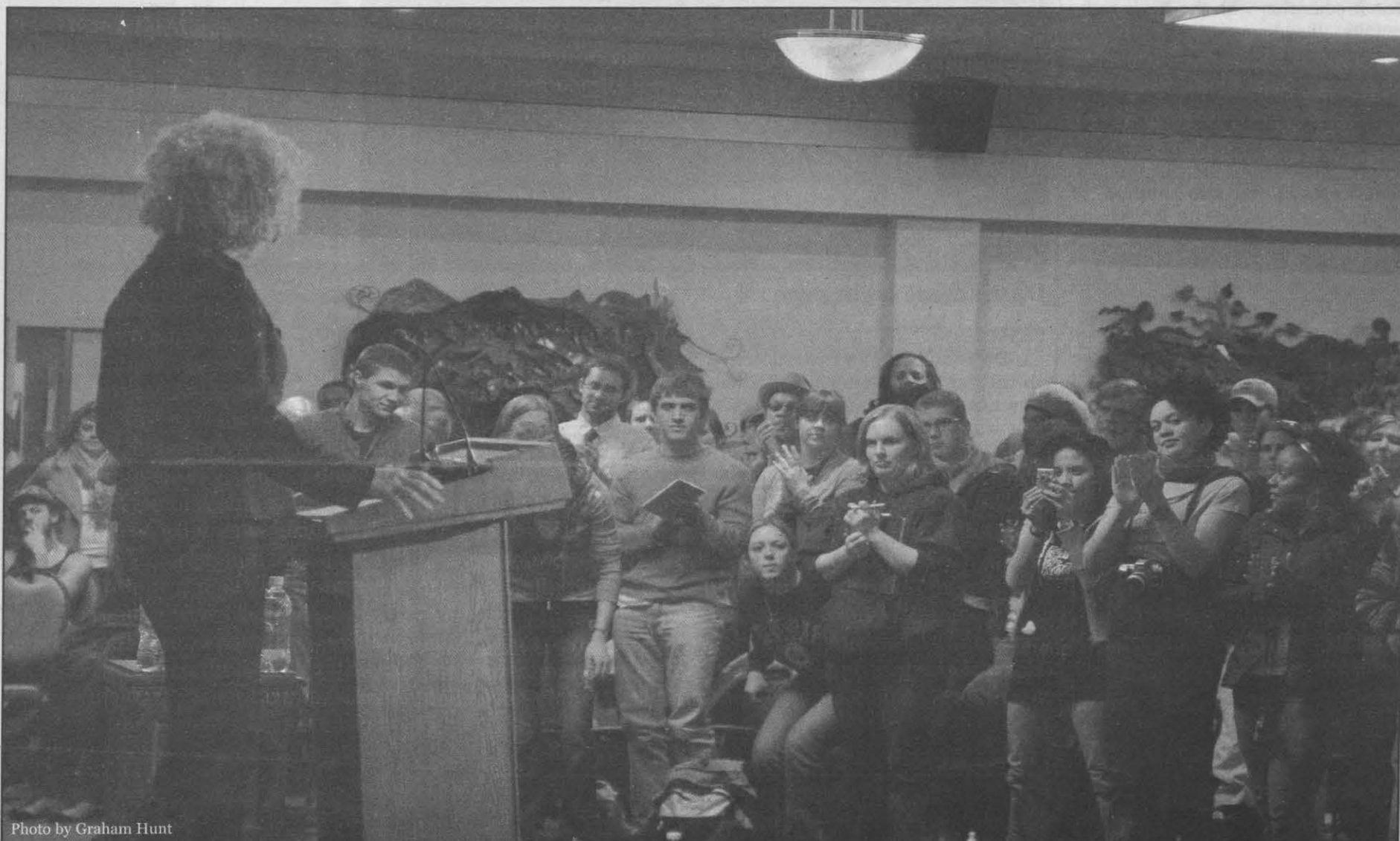


Photo by Graham Hunt

Angela Davis speaks for justice, hopeful for change

Angelia Shugarts
Staff Reporter

The crowd rose to a standing ovation as Angela Davis stepped up to the podium. Her topic of discussion, "Radical Frameworks of Social Justice," sponsored by the Women's Studies program, and assisted by the student group The Movement, Davis' highly anticipated visit drew both Regis and outside community members, who packed into the Dining Hall and overflow Faculty Lounge on Thursday Feb. 21 at 8 p.m.

Some came to be educated, others to set an example, and others to share their love for Angela Davis. Latina Kim Barcelona and her African American husband want their daughter to embrace both cultures. Barcelona feels she can never know what her daughter will go through as an African American female and she hopes that hearing another "powerful, strong, black woman" speak will help her daughter feel proud of her multi-

cultural background. Barcelona feels Davis offers a perspective she herself could never teach her daughter.

Zion Biffle of Birmingham, Alabama had not seen Angela Davis since "she has dread locks." She admires Davis' "boat rocker" mentality and that she is "a woman able to speak about unpopular topics." Davis was not afraid to sacrifice herself and what she stands up for. "I'm interested in seeing how she has evolved" with her opinions, said Biffle.

"We've become numb to the fact that there's a painful history behind issues of racism," said Sandra Mitchell, assistant provost for diversity. Mitchell admires Davis as a "person who has never back down from her beliefs." Someone willing to sacrifice her freedom and her life "is a person I would want to know," said Mitchell.

Senior Taejah Young hoped to hear Davis' approaches to the issues of today. She admires "her perseverance and the fact that she hasn't lost her passion for social justice."

"RADICAL" & "ACTIVISM"

Davis began by describing the relationship between "radical" and "activism." When people think of "radical," they think of something that is "way out there or crazy," but Davis defined radical as the "root of the issues. It provides frameworks that get to the roots of the problems."

"Activism," Davis said, has multiple definitions and can be perceived in many ways. Most associate the word with sacrifice. But Davis stressed that there are several ways to be an activist. Activism and sacrifice is a misconception, explained Davis.

ACTIVISM AND IMAGINATION

According to Davis, both social activism and the imagination are necessary for social change to occur. Present generations tend to believe change comes from individuals and individual actions. People need to be able to see themselves as more than individuals whose "potential [is reduced] to the amount of money they

earn, doing what they are learning how to do," said Davis. She stressed the need for a collective imagination and organization, as part of communities of struggle.

"Change happens because of people whose names we will never know," she explained. Society needs to ask, "What kind of change brings a greater magnitude of freedom to marginalized communities?"

"We all thought we could end racism, and capitalism, and we truly believed that a revolution was possible. That was the urgency with which we organized," said Davis, reflecting on her activism for social justice. "Could we have imagined that decades later we would be confronted with an ever worse war machine, globalization of poverty, racism, and the transmutation of rhetoric of anticommunism...it would not have been possible to foresee."

See Davis on page 2



Fr. John Staudenmaier, S.J. will speak on March 13, in the St. John Francis Regis Chapel. All are welcome to attend.

Speaker honors "The Ignatian Geography of Prayer"

Brandon L Blessing
Staff Reporter

On March 13 and 14, Fr. John Staudenmaier, S.J., will share his insights about Ignatian prayer and Jesuit education with the Regis community. Staudenmaier, S.J. serves as the Director of the Office of Mission and Identity at fellow Jesuit school, University of Detroit-Mercy. As director, Staudenmaier helps the university's faculty and staff to understand and live out the school's Catholic mission. Staudenmaier is also author of *Technology's Storytellers: Reweaving the Human Fabric* and editor of *Technology and Culture*, an international journal published by Johns Hopkins University.

At 4 p.m. on Thursday, March 13, Staudenmaier will address Regis faculty on "Speed of Light vs. Speed of Body: Jesuit Education in a Time of Symbolic Crisis." The lecture and reception, to be held in the ALC Mountain View room, is part of the annual Chester Alter Lecture series.

Staudenmaier will then address the Regis community on "The Ignatian Geography of Prayer" at 7:00 p.m. in the Chapel, as part of Catholic Speakers series. The series "is presented to the Regis and wider Colorado community as part of the University's commitment to provide an on-going adult faith formation in the critical issues that affect both our Catholic community and the wider world in which we find ourselves," explained Sr. Peg Maloney.

Staudenmaier's visit will conclude on Friday, March 14, with a mid-day retreat titled "Placing Myself in the World: The Ignatian Geography of Prayer." As part of the "Retreat in the Workday" series, Staudenmaier will lead members of the Regis community in a spiritual retreat with time for reflection in the midst of their hectic lives. The retreat will take place between 9:30 a.m. and 12:00 p.m. Faculty and administration are especially encouraged to participate. "People will have the opportunity to step away from their desks and into this retreat," says Dr. Kathy Schaefer, director of Ignatian Spirituality. "It makes a spiritual retreat available for the staff."

While the Chester Alter lecture is restricted to faculty and administration and the mid-day retreat will be unavailable for students with Friday morning classes, Schaefer encourages students to participate in the Thursday night lecture at 7:00 p.m. in the Chapel. Staudenmaier is expected to offer the Regis community a perspective that helps consider the Regis mission, "how ought we to live?"



Angela Davis: A Brief Biography

Angela Davis is known for her radical activism, as part of the Black Panthers and with the Communist Party USA (CPUSA).

Currently teaching at the University of California Santa Cruz, Davis is a professor of history of consciousness and feminist studies. According to www.speakout-now.org, Davis has written eight books and is currently working on a book called *Prisons and American*

History.

Davis has "always emphasized the importance of building communities of struggle for economic, racial, and gender equality," states The Institute for Democratic Education and Culture website.

Davis graduated from Brandeis University in 1965 and taught at UCLA until she was fired for membership in CPUSA. Joining the CPUSA was a statement against what she saw as an exploitative economic system, which especially oppressed people of color. (In 1980 and 1984, Davis ran for vice-president on the CPUSA ticket).

In 1970, Davis worked to free two African American brothers held for murdering a white guard at a prison in California. During the trial, the judge and three other people were killed. Though Davis was not present, police claimed the same type of gun used for the killing was registered under her name. As a result, 26 year old Davis became one of the first women placed on the FBI's Most Wanted Criminals list.

See the February 19 Highlander issue for further details on Davis' trial, imprisonment and release after she was found not guilty.

Photo by Graham Hunt

Davis from front page

FEMINISM

Davis said the feminism she grew up with "links to all-important social movements against racism, imperialism, and labor rights." The feminist tradition she most identifies with emphasizes the "strategies of transformation" that is not only about women, but emphasize "certain habits of perception" that involve a "critical impulse and commitment to use knowledge in a transformative way."

Although the modern world faces many more devastating issues than it did in the past, changes have been made and recognizing these changes are important. "We better understand how to conceptualize these issues and eliminate them" from society, said Davis. "Some things have changed and many things haven't."

RESPONSE

"I did not realize how well known she was or what she was coming to talk to us about. I expected her to talk about her experiences in the civil rights movement," said freshman Anna Supinski. "Davis really spoke to

our generation and the issues happening today and that was inspiring to hear. It made me feel like I can make a difference somehow."

"Listening to her talk was enjoyable because she was so articulate and passionate about everything she said. She didn't say anything to just say something; it was to show her passion on issues affecting society," said Erin Lewis, also a freshman. Lewis admired how Davis "treated everyone with respect, especially during the question and answer portion. Although there were a few different views in the audience, she never talked down to anyone" Lewis walked away knowing that "we are going to be the ones living in the world so we need to make it ours; we need to change it for the better."

Charles Hendricks, sergeant and supervisor for the Colorado Department of Corrections, heard Angela Davis for the first time on Thursday night. Based on his experience, he values Davis' analysis of the "prison-industrial complex," and believes that her perspective is important.

A Brief History: The "prison industrial complex"

In her books and talks, Davis focuses on the deep connection between racism and incarceration.

"Angela Davis is one of the few who are willing to deconstruct the privatizing of prisons and what that means... to create an awareness of the issues of the prison industrial complex," says Dr. Doreen Watson, adjunct professor of sociology. Dr. Gil Gardner, professor of sociology, describes how Davis "referenc[es] the history of African Americans and this system. Still today incarceration is what she calls a 'substitute form of slavery.'"

Gardner explains that in the prison-industrial complex, prisons are seen as part of economic development. From that perspective, building and operating prisons helps the local economy, by providing jobs. But Gardner points out that the large expenditures for prisons most benefit large corporations.

By investing money into prison building, "we are taking the money out of education" and that money is going to the corporations rather than to the aid of prisoners who want to become better people and eventually be released to be citizens that are more productive, says Gardner.

Gardner calls this system "a vicious cycle" because without helping prisoners, when released, they will not have skills to get a job, resort to criminal

Contact the Highlander

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Our Mission:

As the staff of the Regis University weekly publication, the Highlander, we intend to serve the campus and the neighborhood by providing a forum for news, information and exploring ideas. Our publication is designed to cultivate awareness, understanding and dialogue about matters of community importance.

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Submissions are encouraged from our readers. Email submissions to highlandersubs@gmail.com by 7:00 p.m. every Saturday for consideration. All submissions will be reviewed to ensure suitability of content and quality of thought. Editorials are the opinions of the author, and therefore may not necessarily reflect the views of Regis University or the Highlander.

Panel discusses media coverage of war at Tattered Cover bookstore

Emily Fogg
Contributing Reporter

As the room slowly filled to its capacity, the quiet conversations of politics and war subsided. On the night of Thursday, Feb. 7, at the Lo Do Tattered Cover, John Byrne Cooke went up to the microphone to read from the introduction of his newly published book, *Reporting the War: Freedom of the Press from the American Revolution to the War on Terrorism*. After the reading, Cooke stepped up onto a raised platform to begin a panel discussion on war and the role of media coverage.

Organized by the Colorado Freedom of Information Council, about 30 people attended the event, including Alyssa Serres, a sophomore at Metro State University. Serres said that based on the reading she has done, she was excited to hear Cooke speak. Regis sophomore Mary Anna Henggeler hoped that Cooke and the other presenters would help her better understand possible solutions for the current situation in Iraq.

Cooke, who now resides in Jackson Hole, WY, grew up around the media

with his famous father, Alistair Cooke, a BBC journalist. Having been Janis Joplin's road manager and currently playing guitar in a bluegrass band, Cooke has also written two other books, *The Snowblind Moon*, and *South of the Border*.

In the introduction to his book, Cooke explains that his focus is "the ongoing debates that are the lifeblood of democracy," in regards to the necessity of media coverage during war. In the wake of September 11, Cooke wanted to explore how press coverage has affected the course of wars, from the American Revolution to the present. He also examined how government has tried to suppressing opposing points of view, and how the press has struggled to uphold free press principles of the Founding Fathers.

Describing his book, Cooke simply said "12 chapters, 12 wars." After extensive analysis of newspaper coverage, Cooke saw his own views of war affected. Cooke realized that "lots of things were done wrong," referring to the decisions that the government made and how the media and military

dealt with one another.

For example, Cooke brought up how in past wars people blamed the military for the problems that resulted from war, because the military is most in the public eye. However, Cooke emphasized that the military follows orders of the president, cabinet, and Congress. It is the role of the press, then, to help citizens understand this perspective.

"It is the responsibility of the press to seek and determine the truth... and by God, there is a truth," said Cooke. While there are many critiques of media's portrayal of tragic events such as war, Cooke argues that the media should not be blamed for what they report, and that reporting should be as uncensored as possible.

For the panel discussion, Cooke was also joined by state representative Joe Rice (D-Littleton), and media critic Jason Salzman. While Cooke provided historical insights on coverage of particular wars, such as Vietnam, Rice offered a first hand experience of how the media interacts with the military during wartime. Rice, who has been in

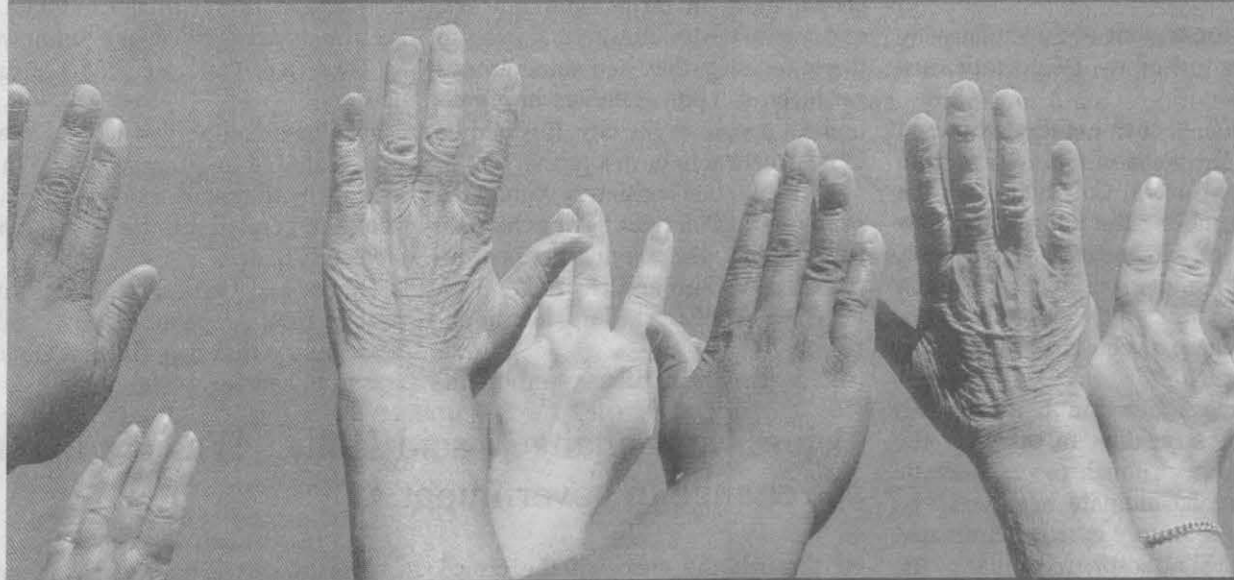
the military for 23 years, has also been to Iraq three times since 2003. He discussed his experience with embedded reporting explaining that for reporters, "living with the military is a good technique, but it is not the only technique." Rice also said that the press' freedom of movement depends on the security level in a particular area, due to safety concerns.

As the founder of Rocky Mountain Media Watch and author of *Making the News: A Guide for Activists and Nonprofits*, Salzman chose to focus on local reporting on the War in Iraq. Wanting the audience to be aware of the media's impact not only internationally but also locally, Salzman said that stories about soldiers that have died overseas are barely covered in the news today.

While thousands have come out of Fort Carson (a base in Colorado) to fight in Iraq, the stories of how some of these soldiers have lost their lives are

See Media on page 3

What difference does it make when women participate in politics?



Women in Politics panel discussion

7-8:30 pm • Tuesday, March 18
Mountain View Room, ALC

Panel members:

Norma Anderson, First female Majority Leader of the Colorado House of Representatives and Colorado Senate

Jennifer Kraska, Executive Director of the Colorado Catholic Conference

Elbra Wedgeworth, Former Denver City Council President and current President/Chair of the Denver 2008 Convention Host Committee

Faith Winter, National Field Director of The White House Project and Westminster City Councilperson

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Media from page 3

As the founder of Rocky Mountain Media Watch and author of *Making the News: A Guide for Activists and Nonprofits*, Salzman chose to focus on local reporting on the War in Iraq. Wanting the audience to be aware of the media's impact not only internationally but also locally, Salzman said that stories about soldiers that have died overseas are barely covered in the news today.

While thousands have come out of Fort Carson (a base in Colorado) to fight in Iraq, the stories of how some of these soldiers have lost their lives are only these soldiers have lost their lives are only seen in the obituary section on occasion and almost never on the front page of a paper. Salzman also said that the "placement of these articles is very important still," not only to the local community, but America as a whole.

After the discussion, Henggeler, a sophomore at Regis, wondered why more young people had not attended the event. Given the topic, and the value of learning a historical perspective, she hoped more young people could have shared this experience.

Steve Zansberg, a member of the Colorado Freedom of Information Council, left quite satisfied. He most valued hearing a "diversity of viewpoints on an important topic."

Mi Gente attends Chicago conference

Whitney Lovato
Contributing Writer

Seven members of Mi Gente, the Latino student alliance group on campus, received the privilege to attend the 26th Annual Hispanic Leadership Institute Conference in Chicago from Feb. 13-17, 2008.

The conference highlighted issues facing the Latino Community, giving an opportunity to meet powerful historical figures like Jesse Jackson, Antonio Villaraigosa, and Federico Pena.

The conference also gave students the opportunity to participate in different workshops and seminars intended to give ideas for strengthening Latino alliances like Mi Gente. Some of the topics discussed were national leadership, immigration reform, and student involvement.

"I had a series of dance lessons with political figures and over a thousand other Latino professionals, some involved keeping my body in sync with salsa, merengue and cumbia, but the rest was about learning to keep in sync with the rest of my fellow minority community in order to bring social change in our society," said sophomore Patty Moncada.



Photo courtesy of Jose Somalo, publisher of *Hoy* in Delaware

Students (from left to right) Michelle Kiczek, Roberto Del Angel, Andrea Minhas, Rebecca Terrazas, Patty Moncada, Lizzeth Nevarez, and Whitney Lovato, attended the 26th Annual Hispanic Leadership Institute Conference in Chicago from Feb. 13-17, 2008.

Mi Gente's mission is to increase Latino Awareness around campus while being inclusive and learning from different cultures and people. The group holds meetings every Thursday in the Faculty lounge where

discussions range from learning how to dance salsa, to learning how to sing happy birthday in Spanish. All our welcome to attend.

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Sign-ups begin March 12th in Student Activities!

3 Categories: Partner, Freestyle, Group

Caucus fuels Dems' candidate race

Michael DelliVeneri
Contributing Writer

The excitement of Super Tuesday continues to feed the Democratic candidate race.

On Feb. 5, such excitement pulsed through the walls of Grandview High School in Aurora, Colorado, with the floor resembling the floor of the New York Stock Exchange. Even drivers, unable to find a parking spot, often decided to park on the sidewalk, grass, and any place a vehicle could fit to tap into the rush.

Groups gathered in their collective precincts, struggling to overhear the instructions. Though the Democratic Presidential candidate has yet to be chosen, the Aurora caucus illuminated the political atmosphere similar to the rest of the country.

"I think it's a close race," yelled Deb, an Obama supporter from precinct 282. "It's kind of fun to be part of the system, and know what you say might matter."

For many, this was their first caucus. Precinct 282 only had 4 members with caucus experience. This year, hundreds flocked to be a part of the political process.

"I've never seen a crowd so large, it's an amazing turnout for the Democratic Party," commented Prince Holly, a Denver precinct captain fifteen years ago.

With such large numbers, some individuals were concerned with the efficacy of a caucus, while others felt it was effective in swaying votes.

"I swayed somebody," laughed Jessica from precinct 284. "It was nice to hear everyone's opinion, and why they chose the candidate they chose."

However, others felt that the caucus setting is unfair.

Because parking and size was limited, many Democrats decided to turn around and go home.

"I think it's antiquated," said an

upset voter explaining her frustration to a crowd. "Back in the days when people lived on farms, and ranches, and couldn't drive hundreds of miles in to get together they had small groups get together. But when you have millions of people in the city, it would be more practical to have a primary."

In 2004, state legislature eliminated primaries in Colorado, saving the state \$2.2 million. The last primary in 2000 included Al Gore and George W. Bush who had already locked up their nominations.

Nonetheless, excitement proliferat-

"I just want change," said Holly. "I'd just like to see change in government."

ed through the chaos of the crowd. Precincts actively voiced their opinions, while smiles could be seen all around. Even voters whose candidate lost in their precinct were excited for the overwhelming support for the Democratic Party.

Deborah, from precinct 282 thought very highly of her precinct.

"We have a very good precinct. I think most of the people get along, and we all worked towards a common goal. I think you'll see these people active in the general election."

In precinct 282, at Grandview High School, and for the entire state of Colorado, Sen. Obama won big. Precinct 282 decided in favor of Obama by 36 to 4. In Arapahoe County, which envelops Grandview, Obama won by 3,815 votes. For the entire state of Colorado, Obama won by a two to one count, with over 66% of the votes.

Since Colorado's caucus on Super Tuesday, Sen. Obama has won ten consecutive states on the road to the Democratic National Convention. He swept through states including Washington, Virginia, Wisconsin, and Hawaii.

As of Mar. 10, Obama has won 26 states over Clinton's 16. However, the Democratic presidential candidate is far from being decided, as Clinton won in Texas and Ohio, keeping the race close.

For Obama supporters at Grandview, many shared similar views. When asked why they support Obama, many voters responded with his now famous slogan: "Change."

Karen and Carol, two Obama supporters from Arapahoe County, had a list of issues that they thought Obama was fit to handle.

"Health care is huge. I pay twenty-four hundred dollars a month for health care," said Karen. "That doesn't include co-pays or any medication."

"She pays a small fortune," Carol confirmed.

"I just want change," said Holly. "I'd just like to see change in government."

As voters discussed their excitement after their individual precincts finished deliberations, two baby boomers recalled Obama's ability to get voters excited.

"We've not had a candidate since we were growing up that inspires the youth like this," said Deborah. "I think it's great. I think we're really going to see change."

Obama has had overwhelming success in states that hold caucuses. Of the 16 caucus contests, Obama has won 13, which tend to require greater organization and voter commitment. Clinton however, has been extremely successful from larger states that have held primaries.

The race looks to be tight up until the Democratic National Convention.

Stop worrying!

For better or worse, these 40 days are winding down

Jacqueline Kharouf
Opinions Editor

Lent makes me think about the rest of my life. I don't mean the life that incessantly worries me (you know that whole...how should I answer the question: So, what are you doing after graduation?), no, no, not that. I mean Lent makes me think about my afterlife, my not-being (which actually gives me headaches and the dizzies), and where I really will end up.

I'm not the best Catholic. I enjoy chocolate and coffee and anything that has been baked, sugared, or made by

There is no one way to do this reflecting—there is not a right or a wrong way to try— rather, in completing this very human task, we only need the effort to begin.

Dr. Narcisi in any place remotely resembling a kitchen and so picking something to "give-up" is really, really hard. For instance, this year for Lent, I decided I would give up dessert. I figured it would be a good move—I don't always eat dessert anyway and, I told myself, I might actually be a little healthier when these 40 days are over. Sadly, oh sadly, all this came crashing to an end when my parents sent me brownies for Valentine's Day. (I'm sorry—I will not freeze brownies for 40 days.)

Currently, I'm giving up worrying. I've decided that worrying so much is probably healthier than eating dessert. And so I've been focusing my extra attention on other things like my friends, those brownies, and what Lent really means for the long run.

Lent is about repenting and remembering; it's about reflecting on our sins and how God Himself came to save us from death. And so naturally this season of the Catholic calendar brings a lot of guilt and sorrow too.

But because I've given up worrying, I can't really let all this worry me too much. I can however consider my life so far and let the guilt from all my past mistakes become a checklist of what will warrant my passage to either one of those places beyond this one.

A good friend of mine has told me that she will be driving the bus to hell and that, if I should need a ride, she's more than willing. I know that seems really silly (and probably is a horribly trivial way to discuss something which may turn out to be awfully true) but it's been a small consolation amidst all this guilt and focusing on not worrying. With all the uncertainty of this life, which, if I could worry, I would tell you could drastically change at any moment for any number of reasons (on a side note, for those of you who walk aimlessly through the residence hall parking lots, keep this in mind), it's no wonder that whatever is going to happen next is even more uncertain.

Another friend of mine is dead certain she will be heading to hell. And though I firmly assert that she will not, or that really she can't say this yet, now that I think about it, I'm not so sure. It's not that she's a bad person (she's one of the best friends I have), it's just that no one can really say for certain what will happen when this life is said and done.

As with any season of the Church year (or really for anyone at any point in the year), we are reminded that

reflecting on the things that we do (whether good or bad) is how we learn to be better. There is no one way to do this reflecting—there is not a right or a wrong way to try— rather, in completing this very human task, we only need the effort to begin.

And so, I think that is really the ulterior point to Lent. It's not necessarily designed to make Catholics guilty about all the ways they have messed up, betrayed themselves, and, even worse, betrayed their friends (although, let me tell you, it is pretty well-designed to evoke these dejections); rather, Lent is a time to look

over our flaws, to touch the mental bruises we've let fester, and to wipe everything away. And though the immediate point of this introspection may be to start over, to renew ourselves, the eternal point of this difficult, grueling work may still be fairly cloudy. But it's not fair to arrive at our destination before we've purchased our tickets (so to speak)—even the best of us (if they exist) cannot really know what will happen in the end. Really, we all have to stop worrying so much and just look forward to how we will change even after all our bad and good moments.

Feminism: Dead or alive?

Jessica Knapp
Opinion Writer

You know what I really hate? I really hate when people interpret things wrong. And what gets me even more is when people interpret things so wrong and from that develop the wrong opinions. My experience this week is stemming from a class in which we are discussing Kate Chopin's short novel *The Awakening*. One student interpreted the text so severely and developed the opinion that the main character, Edna, was more like a petulant child who throws a fit, kicking and screaming on the floor every time she doesn't get her way. Now, as an English major, this is disappointing because there is no support for this opinion in the text. But even more frustrating is the fact that as a woman, this opinion goes against every aspect of independent female characters that Chopin was striving to make. This coupled with many other issues in my life at the present, lead me to think about the role of feminism in my life as well as other women's lives. What is feminism? Does feminism even exist anymore?

Feminism is largely a hard term to break down into one meaning. When some people hear the term "feminism" they think of the time in the 1960's when women would burn their bras. This association is correct in some ways, but wrong in many others. When feminism is discussed, it is done so on the part of a wave analogy. There are three waves of feminism beginning in the early twentieth century. The second wave spans the time of the 1960's and 70's, and the third begins in

the 1980's and goes into the present. There is theory amongst scholars that a fourth wave is emerging, but only time will tell if it fully develops. Each wave is different in what women of the time wanted to succeed (Women in the early twentieth century were suffragettes, women in the 60's and 70's looked to correct social inequalities etc...).

I personally feel like when the term "feminism" is discussed in every day conversation, the wave analogy is not looked at. I feel like some people view feminism in the completely wrong light. Some think that women are not fighting for equality, like our ancestors before us, but they are fighting to take

It is almost as if the idea of equality has been forgotten and the only idea that applies to feminism, at least in some conversations, is that of control.

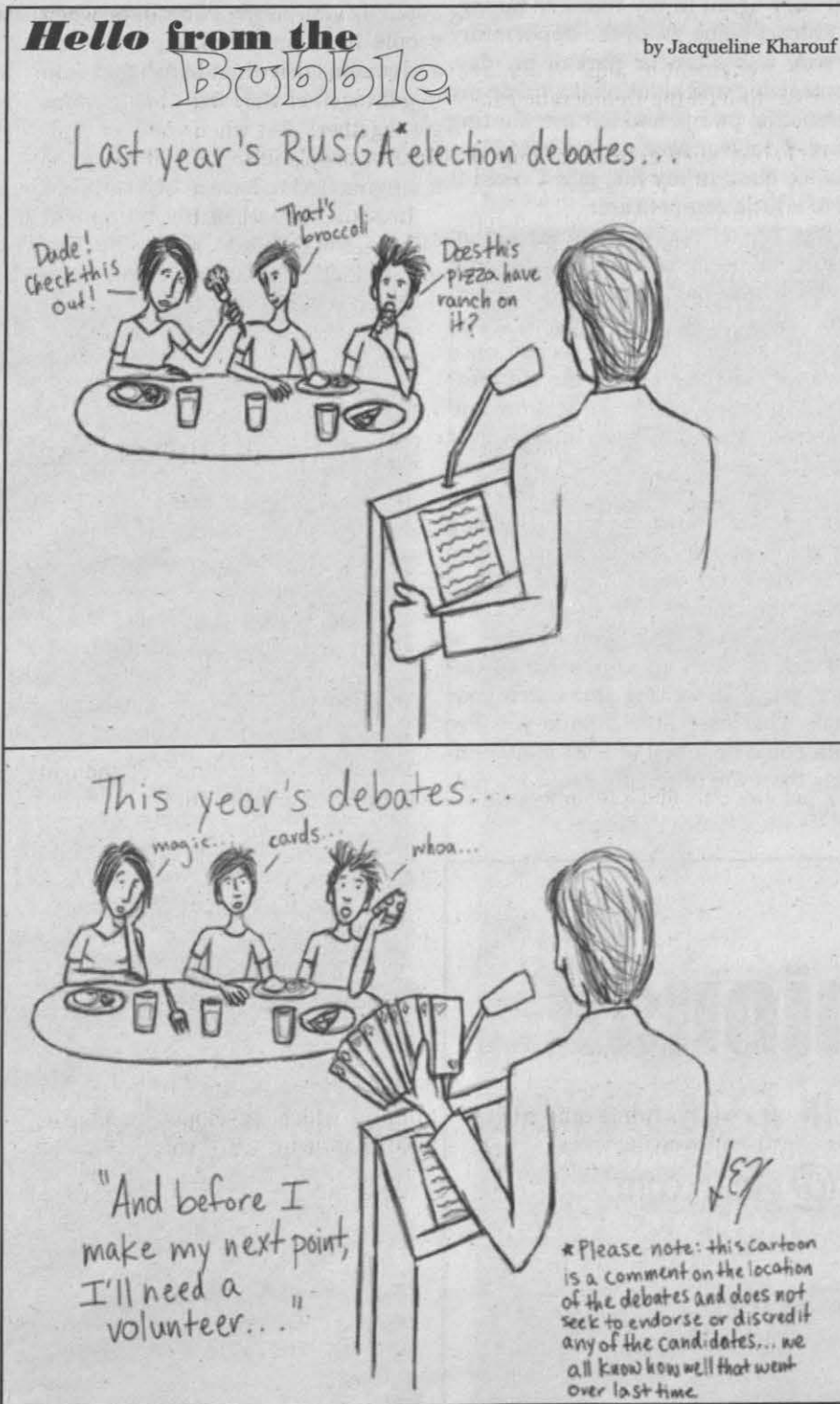
over the world in a very Pinky and the Brain fashion. It is almost as if the idea of equality has been forgotten and the only idea that applies to feminism, at least in some conversations, is that of control.

As a woman, and as someone who is realizing all too late that I should have picked up a double major in Women's Studies, I am offended at the idea that all women want is power. For me, I feel that feminism is not about taking control of everything; rather, I feel like it is something that manifests itself into the simple thought that women want to be treated like individuals. I know that I am considered an individual in some aspects, but at times, I still feel like I am being crafted to fit a mold that is not individualistic. I want to be able to succeed in life, no matter what my gender is, but still celebrate the fact that I am a woman.

Take the current presidential elections. I think it is fantastic that Hillary Clinton is running for the presidency. I believe that she is someone who has a lot of good ideas, she is incredibly smart, and I think that she could make a lot of change happen in our country. Some of her opinions I agree with, and some I don't. I want to believe in what she can do for our country and how she could lead our nation for four years. As a woman though, she shouldn't get my vote simply because she is a woman. Rather, just like any man running in this campaign, she should have to earn my trust and work hard to get my vote. In all the election coverage I have watched this year, I have never once heard her say that women should vote for her simply because she is a woman.

Hillary is achieving equality on the national level that many women have tried to do in the past, and I think she is a stand up role model for it. Other women in the past such as Simone de Beauvoir, Betty Friedan and Angela Davis (who recently spoke at Regis) have all made giant steps in the world of feminism and feminist thought.

This leads me to think that no, feminism is not dead. It just seems to be invisible at times. And whether a woman is running for president, or simply asserting an opinion in class (albeit the wrong opinion), the fact that we are making giant leaps in this world shows that someday the term feminism will not be discussed with such a hostile tone.



Competition: Pushed to the brink of insanity

Maribeth Waldrep
Opinions Writer

After lamenting about our enlarged waistlines post semester abroad, my friends and I decided it was time to take action. Spring Break would soon be upon us, and with less clothing and greater quantities of flesh to reveal, *something* needed to change. With similar goals in mind, we decided a healthy air of competition would only promote increased gym time and more trips to the produce section of Safeway. Therefore, we rationally decided to embark on our first official weight loss challenge, an event that was to be lighthearted and fair, encouraging comradery and teamwork. Wrong.

Instead, we've reverted back to our most primal and immature selves, preying on the weak and using such complex and successful techniques as name-calling and trickery. Although we started out with a relatively large group of friends, I've learned that only two of us, my roommate and I, have had the dedication and stamina to endure the competition's rigorous and demanding progress reports. I've also learned that we are two of the biggest psychos I know.

While most people would probably create a little chart with smiley faces for each day you worked out, or give their roomie a high five after eating a big salad for dinner, we've chosen to do exactly the opposite. Instead, we carefully track our weekly progress with a variety of measurements, calculations, weigh-ins, and photo comparisons, and proceed to castigate whoever has failed to perform highly for the week. I doubt I've ever said the words, "I'm gonna kick your ass" more to any human being than I have to my roommate, Kelsey, in the last few weeks. You see, this week will mark the fourth in our increasingly cutthroat and intense competition to determine which person is, in fact, capable of losing their stubbornly flabby midsection by exercising their way to victory. Although some people may view this as a lighthearted challenge, they would be mistaken. There are no fun and games involved in this rivalry, which we have officially dubbed "Survival of the Fittest" (Don't lie, you love the pun). Oh no, it is not funny, and it is certainly not a game. There are high stakes involved. Specifically, a night of free booze and a buttload of recognition. But we all know what the most important part is: being the winner, and rubbing it in the loser's face nonstop for months to come.

As a result, opportunities for sabotage abound in our house right now.

For my birthday last week, Kelsey made sure to give me an extra large box of chocolates to complement my homemade cake and ice cream. How convenient. Rather than praise her biweekly marathon gym sessions, I make sure to throw in a snide comment about not having time to go, and strategically place a Cold Stone coupon on the fridge at eye level, so that the luscious slow churned deliciousness will just be too much upon her return. I have learned that this is war, and we must therefore strategize accordingly.

And I've noticed that this new competitive streak has carried over into other areas of my life. Just last weekend, while out for a friendly round of bowling on a Saturday night, Kelsey and I had to kick it up a notch, placing bets on the game's outcome. No, we couldn't just laugh at the creepy guys next to us, or practice throwing the ball with our left hands down the lane. We meant business. Losers were buying the drinks, and even without the enticing round of free alcohol, we still had a lot to lose, primarily our sense of dignity. Consequently, I bowled two strikes and several spares...and won.

I noticed my competitiveness emerging again during Environmental Science last Thursday, when our class participated in a lab that grouped us into "corporations" that had to vie for the position of most profitable, despite various environmental factors and hindering legislation. Although our team's last minute merger led to victory, I couldn't help but analyze the class over and over again in my mind. Winning, or at least being given the opportunity to win, was a crucial part of my day. Strategizing and scrutinizing made my adrenaline pump, and left me wanting more. I'd never been so interested in a science class in my life, and I owed it all to a little competition.

So, in essence, I've determined that despite breeding hostility, competition is one of the best motivators around. I've actually lost some weight, toned up a little, and probably tacked on a few more healthy days to the old lifespan. I improved my bowling score and acquired new knowledge in class. Not only that, but I've picked up a few lessons about character along the way too. Competition sure can teach you a lot about people, especially when you learn how far some people *cough Kelsey Melander* will go to win. My advice to you is, if you choose to embark on such an aggressive adventure, put it in writing and watch your back. That cute little blonde you live with could be a hell of a lot more cunning than you originally gave her credit for.

got opinions?

SUBMIT YOUR THOUGHTS IN A 500-650 WORD
ESSAY TO highlandersubs@gmail.com.

The Highlander does not except anonymous submissions. Entries should be sent in by 7 p.m. every Saturday for consideration.

THE SQUISHY AVOCADO

Although I may not be much of a celebrity (I am, after all, merely a humble avocado), I know that all good things, like this publication, overly hyped people watching (aka the Academy Awards Red Carpet show), and retired advice columnists, eventually melt away. And whether or not that's a literal kind of melting, the important thing is to save face, even if yours happens to be pooled on the ground.

~Blando



Blando Avocat the rotund, but humble, editor of the Squishy Avocado.

Guest Advice Column

Dear Abby,

Sometimes my husband leaves his dirty laundry on the floor. I just don't know what to do about it. I've tried telling him nicely to stop, but he just won't. I am so tired of picking up his dirty underwear. What should I do?
~Tired of Skid Marks

Dear Skid Mark,

What in the sweaty hell is this? You brought me out of my retirement to ask me about your husband's %\$#@&*! underwear? No respect, I tell you, no respect. I have Alzheimer's, for God's sake! I was telling your grammy and grampy how to court each other long before you were a thought in your pappy's...Hey you kids! Get off my lawn!

I mean, dirty underwear? Aren't there more important things in life? Isn't there anything else in your empty, Stepfordian existence besides buying 3000 pairs of shoes and driving one of those ugly Honda Elements that makes your day a little frustrating? Now look here. I've had a hard life. Do you have any idea what it's like to be born to Russian Jewish immigrants and then live in Iowa? Do ya? Huh? That's right. You don't. Because you're a whiny, over-privileged good-for-nothing who has nothing better to do than write me letters. Ya think I ever got that luxury? I couldn't even get along with my twin sister, because the &^%\$! just couldn't stop competing with me.

So here's the deal, Skid Mark. Your life is empty and directionless. The best thing you can do with that worthless schmuck is wait till he's asleep and leave a skid mark of your own on his big ugly face. Then leave him so I don't have to get any more of your whiny letters. Now if you'll excuse me, I'm trying to remember where I am.

~Pauline

(better known to you ingrates as "Abby")

Sauna melts Oscar and celebrity faces

Henrietta Vasquez
Avocado Writer

At this year's 80th annual Academy Awards, rain was forecasted throughout the day and the night. As a precautionary measure to guard the beautiful \$15,000 gowns, Oscar reps erected a giant tent to protect nominees and attendees from the rain. Unfortunately, what reps didn't anticipate was the heat that would develop inside the giant enclosed structure.

As Ryan Seacrest grilled celebrities on hard hitting issues like who they were wearing, or what they got at the grocery store, he began to drip beads of sweat under the magnified intensity of the sun within the plastic tent. At one point, viewers got to see Seacrests face actually melt off on the left side of his cheek. Seacrest had to quickly turn the camera on someone else and pointed out the sweat stains on such notably cool nominees like George Clooney and Phillip Seymour Hoffman.

The sauna-like conditions were so bad that one unlucky statuette, put on display for those unfortunate enough not to win, actually melted as though it was made of chocolate and was later served at a Wolfgang Puck after-party. A spokes person for the Academy was quoted as saying "First the writers strike, now this? What's next, Björk in her swan dress again?"

Although the predicted rain did fall, it only lasted for a quick ten minutes. The unfortunate sauna incident produced wide panic and a rush on deodorant at the local gas station.

Students visit "The Alliance Center," sustainability in focus

Kayla Macke
Contributing Writer

On Thursday, Feb. 14, 2008, 33 students lined up at the 50 th and Irving bus stop to take the number 52 bus downtown. Members of Dr. Catherine Kleier's Introduction to Environmental Science and Dr. Mary Beth Callie's Public Relations classes were on their way to The Alliance Center to increase their knowledge of sustainability. While Environmental Science students had the task of considering what sustainable technology could work at Regis, the Public Relations students were focused on how the Center promotes its image and awareness of sustainability. Both groups hope to take their findings back to Regis.

"I felt like it would give students a chance to engage in a subject they found particularly exciting. If a student found a piece of technology they found interesting, they could pursue it," Kleier said. "It is my hope that some of this technology will be used at Regis."

Students were able to practice sustainability by riding the city bus to their destination. While most of the students already had semester RTD bus passes, a few students acquired passes earlier that morning.

"Sustainability is critical to a healthy earth and future," senior Angela Honaker said. "[Riding the bus] shows first hand the measures taken to save energy."

The students and professors took the bus to 17 th and Arapahoe, then caught the free Mall Shuttle back to Wynkoop. The Alliance Center, next to the Tattered Cover, now stands as only one of two in the world that is certified by the Leadership in Energy and Environmental Design (LEED) program.

"We've had a lecture on LEED certification in class, and the whole unit

we're working on is about sustainability," Kleier said. "It's one thing to learn about LEED buildings, but it's a very different thing to see them in action. It shows that it's not dark and dank, but that it's beautiful and bright and in a nice environment."

In 2007, the Colorado Legislature passed Senate Bill 51, approving the High Performance Building Act. The bill requires a state-assisted facility of more than 5,000 square feet to follow green building regulations. The LEED certification determines The Alliance Center to be a green building. By creating a building with renewable sources open to visitors, the Center hopes to promote sustainability in Colorado with the bigger goal of spreading and building the movement in other states. The Center is home to 501c3 business and nonprofit organizations that are interested in promoting social, economic and environmental sustainability.

Students were divided into two different tour groups led by Project Director Aaron Nelson and Education Director Janna Six. Nelson explained that the idea for the Center sparked when Board President, John Powers, met him for lunch and introduced the idea of founding The Alliance for Sustainable Colorado.

Nelson began his tour by describing the renewable resources that make up most of the building, including walls made of leftover stock from wheat harvest to replace drywall. Drywall is difficult to recycle in the Denver area due to the low acidic content of the soil. Wheat, on the other hand, uses no formaldehyde as a bonding agent and can be easily recycled.

Cotton, shredded jeans, and shirts, as well as foam, are fitted between the walls eliminating the need for dangerous fiberglass. The carpet is divided into square pieces that can be easily replaced and recycled should they be



Photo by Rosanna Hardin
Reporter Kayla Macke interviews sophomore Gina Graziano about Colorado and sustainability.

stained. 90 percent of the recycled carpet can be turned back into new carpet. Some students were amazed at the ease of saving resources as simple as carpet.

"It seems like there are a lot of little things anyone can do," junior Taylor Goodson said. "It made me realize, 'Hey, I could do that too and put it in my house. It doesn't have to be a big office building.'"

Axis-balanced lights are installed on the fifth floor, cutting down energy usage by 5 percent, while occupancy sensors are found throughout the building. This technology not only turns off lights when the room is empty, it also dims light to comfortably match the natural lighting coming in through the windows.

"I liked how there were so many windows and daylight," sophomore Gina Graziano said. "Everything in there is so innovative and creative."

Water usage has also become more efficient within the building. What used to be 89 gallons per person a day has been reduced to only 7 or 8 gallons

per person a day. By using only 1 gallon per flush, water-free urinals and infrared faucets, the center has witnessed a 90 percent reduction in its water usage.

"The fact that the water bill was \$28 for 140 people showed that actually being in a green building was so much more efficient," Graziano said. "It was surprising."

With the Pepsi Center just around the corner, the Center plans to open its parking lot to alternative media during the Democratic Convention. The goal is for a greater amount of sustainability awareness in Colorado as well as other states. The center is also in the process of updating their website, www.sustainablecolorado.org, in hopes a new mainstream look will attract more people to the building for a tour, or even just for them to learn how energy can be saved.

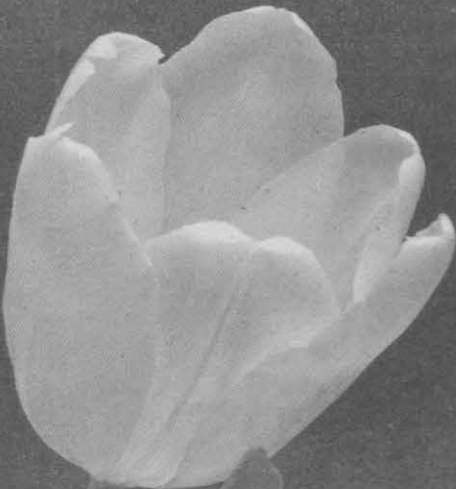
"Environmental science is my major," Graziano said. "Anytime I can find out new ways people are promoting sustainability, it is exciting."

Gifts of Grief

Free Movie Screening
Monday, March 31
6:30pm
Regis University
Adult Learning Center
Mountain View Room
Open to the Public

The Gifts of Grief is a unique film about the possibility of another side of suffering, told through the personal and inspiring stories with people who have confronted remarkable losses and have found a way to transform their grief into a greater appreciation of life. As we watch these people grapple with difficult emotional and spiritual pain with a mixture of grace, dignity, fear, vulnerability, soulfulness and courage, we are asked to open to our own pain honestly and directly and discover what lessons death and grief have taught us. We explore the possibility that grief while very painful, is one of the closely guarded keys to true transformation and joy.

The Gifts of Grief asks a timely important question - How do we transform the tragedy of our losses into a life altering experience that deepens and enriches our lives? This 52 minute film invites the viewer to discover for themselves the possibility of true gifts emerging from their own losses.



For more information contact Sally Spencer-Thomson 303 458-4323 or sspencer@regis.edu
Sponsored by the Garrett Lee Smith Suicide Prevention Grant and Active Minds

Regis Strongman Power Lifting Competition

3 events total
Squat
Dead lift
Bench Press

8 weight classes for men

123
137
152
170
187
207
231
231+

7 weight classes for women

106
117
128
139
152
165
165+

-Are you an avid weight lifter?

-Do you believe yourself to be a strong individual?

If so put your strength to the test at the First Annual Regis Strong Man Power lifting competition on Thursday, March 20 at 5:00 P.M. in the Regis Fitness Center. Registration is in the Fitness Center and is due by March 12th.

RANGERS TAKE HOMEBASE

Both Regis baseball and softball teams put up a good pitch heading into Spring Break.



Photo by Brett Stakelin

SERIES RECAP: Regis takes series but loses game 4

Katie Simons
Sports Information Graduate
Assistant

The Regis Rangers men's baseball team came out strong on day two of a non-conference series versus Hastings College. The Rangers pounded out 23 hits in a 19-4 victory. RU dominated offensively, scoring at least one run per inning up until the eighth inning.

Gerard Mohrmann, a sophomore from Manitou Springs, Colorado, pitched six innings allowing just two runs on six hits.

Senior designated hitter Dan Kozloski led Regis with six RBIs. He

collected two doubles and a three-run homerun.

Junior outfielder Max Regalado completed an impressive four hits in six at-bats.

Freshman outfielder Aaron Salvucci pinch hit in the fifth inning hitting two home runs in a row. He drove in five runs for the Rangers.

Sophomore Chris Steinbeck and senior outfielder Etienne Materre each chipped in with three hits.

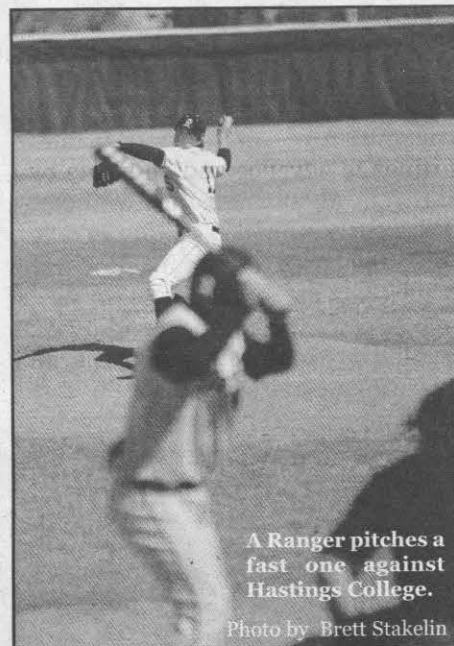
However, in the fourth and final game of the series, the Rangers did not come out as strong offensively. The Rangers collected only eight hits compared to the 23 hits in the previous

game. They lost to Hastings College 6-5.

The Broncos scored three runs in the top of the fourth inning to break the 3-3 tie and take a 6-3 lead. The Rangers fought back and scored two runs in the bottom of the sixth inning to close to within one run.

The Rangers threatened the Broncos in the seventh inning but could not successfully tie the game.

Kozloski had another good hitting game as he went 2-for-3 in the night-cap. The Rangers evened their season record to 4-4. Regis will host Colorado Mines next weekend in a four-game RMAC series.



A Ranger pitches a fast one against Hastings College.

Photo by Brett Stakelin

Late inning heroics lift Rangers to a sweep during Mile High Invitational

Katie Simons
Sports Information Graduate
Assistant

On day two of the Mile High Invitational, the Regis University softball team's bats came alive as they combined to score 22 runs in two games. After falling behind early to both University of Mary and Colorado School of Mines, the Rangers were clutch in the bottom of the seventh.

In game one against Mary the Rangers overcame a 6-0 deficit after the first inning scoring three runs in the bottom of the seventh to earn the 13-12 win. Against Mines Regis fell behind 6-2 and scored seven runs in the final two innings including five in the bottom of the seventh to squeak out the 9-8 victory.

Bianca Holley (Fr., Arvada, Colo.) started game one on the mound and after a tough first inning settled in allowing just one run over the next three innings. This allowed the Rangers to slowly chip away at the Marauders early lead.

RU got one run a piece in the first

and second innings. Alisa Heronema (Fr., Berthoud, Colo.) led off with a triple in the first. Christine Gardella's (Sr., Arvada, Colo.) ground ball scored Heronema to give the Rangers their first run.

Maureen McDaniel (So., Fort Collins, Colo.) and Amber Sivetts (Sr., Lakewood, Colo.) led off the second with back-to-back singles. Emily Anderson (Fr., Florissant, Mo.) grounded out on a double play but with McDaniel on third she came in to score and the Rangers were down 6-2.

RU found their stride in the third and fourth innings scoring three runs a piece in each. A Jacki Martinez (Jr., Arvada, Colo.) RBI single scored Gardella. Then Chelsie Rademacher (Sr., Frederick, Colo.) capped off the inning with a two-run shot, her fourth of the season.

The Rangers found themselves down 6-5 heading into the top of the fourth when Mary answered with a run increasing their lead to two runs. But in the bottom of the fourth the Rangers took the lead for the first time.

After Anderson was hit by a pitch



Kaitlin Gentert, #22, pitcher and outfielder for the Lady Rangers, pulls a fast ball against Mines on day two of the Mile High Invitational.

Photo by Brett Stakelin

and Amber Aragon-Autobee (Fr., Pueblo, Colo.) drew a walk Heronema loaded the bases with a single and just one out. Gardella then hit a deep double to center field clearing the bases and giving RU the lead at 8-7.

The Marauders took back the lead in the top of the fifth with three runs but

the Rangers rallied in the bottom of the sixth to tie the game at 10-10. A Jamie Winsor (Fr., Fort Collins, Colo.) double and a Gardella singled tied the game.

See Mile High on next page

Mile High from previous page

Mary then took the lead in the top of the seventh with a two run home run taking back the lead at 12-10. After two quick outs and with Sivetts on first in seemed as though the Rangers luck had run out.

Then RU came up big as Aragon-Autobee drew a walk and Heronema singled to load the bases. Gardella followed with a singled that brought in both Aragon-Autobee and Sivetts. Heronema used her speed to score the third and final run advancing from first to third on the throw and was safe at home when the catcher dropped the ball.

In game two the Rangers fell behind once again. RU added a run in both the second and third innings. As Martinez led off the second with a home run, her first of the season and doubled in the third scoring Heronema. This put the score at 6-2.

Neither team scored in the fourth while Mines added a run in the fifth and the sixth. Then the Rangers made their push beginning in the bottom of the sixth as they outscored the Orediggers 7-1 in the final two innings.

Rademacher and McDaniel led off the inning with doubles as McDaniel scored the first run in the sixth. Following two outs Holley pinch hit smacking an RBI single up the middle but the Rangers were still down 8-4.

Gentert shutout Mines in the top of the seventh striking out two batters then Winsor and Martinez led off the bottom of the seventh with singles. Unfortunately a pop fly and a strike out put RU in a tough spot with two outs. A passed ball allowed both Winsor and Martinez to advance and an single by Sivetts brought both in to score. Anderson then singled up the middle to load the bases for Heronema. Once again Heronema was clutch as she hit a triple to right field, her second of the day and third of the season, scoring all three runners and giving the Rangers the 9-8 win.

Heronema had a monster day as she was 8-for-10 scoring five runs with a double, two triples and three RBIs. Martinez was 5-for-8 with a double, a home run and three RBIs. Gardella finished the day with seven RBIs and a double as she was 4-for-8.

The Rangers finished with a 2-2 record in the Mile High Invitational. UC-Colorado Springs was 4-1 and the tournament champion.

Ranger Lacrosse falls to Colorado College 16-8

Katie Simons
Sports Information Graduate Assistant

The Regis University women's lacrosse team faced off against Colorado College in their first regular season contest yesterday. The Tigers used a balanced offensive attack as eight different players scored goals on their way to a 16-8 win over the Rangers.

Colorado College scored just one minute into the game and followed up the first goal with a second two and a half minutes later to grab the early 2-0 lead.

RU answered scoring their first goal at the 22:32 mark. The goal by Becca Gargaro (So., Littleton, Colo.) was her first of the season.



Photo by Brett Stakelin

RAISING THE BAR: Despite a loss to Nebraska-Kearney while on the road prior to Spring Break, the men managed to secure a win against Chadron State, and a spot in the RMAC Tournament.

WHOOOP, WHOOOP!

Vince Sapienza
Staff Writer

The Rangers traveled to Nebraska-Kearney looking to tap into a winning rhythm as shown with the season's success so far. The Rangers fell short, however, against the Lopers Thursday night, Feb. 21.

The Rangers went into the first half without taking the lead with a score of 40-33. Even the first few minutes into the first shows the Rangers behind at six or seven at a time. The game was

close, but not near enough to garner the win.

Every time the Rangers seemed to get close, the Lopers would go on a fast break or nail their free throws. The second half proved to be different with Forward Jeremy Gibson, #32, and James Bullock leading offense. Nonetheless, the Ranger defense had a few let ups that caused the Rangers to fall by a score of 73-67.

Despite a close loss to the Lopers, the Rangers soon found their stride, Saturday night, Feb. 23., legitimizing

their place in the RMAC tournament.

The first half saw a back and forth game until the Rangers went on a 10-2 run midway through the opening stanza. The Rangers began to pull away and ended the half by a score of 43-29. However the Eagles would not give up as they went on a 22-8 run later tying the game at 51. But Gibson refused to let the Eagles fly away with a victory.

Gibson was the man of the night as he scored a season high 41 points, leading the Rangers to a 76-65 road victory over Chadron State.

Lady Rangers end season on a high note; 7th seed in RMAC

Katie Simons
Sports Information Graduate Assistant

The Regis women's basketball team finished the 2007-08 season with a sweep of the Chadron State Eagles. Paulina Tuell (Jr., Springfield, Mo.) was dominate in the 78-75 as she scored a career-high 26 points.

The Eagles stuck with RU from beginning to end as they jumped out to an early 10-8 lead at the 13:14 mark in the first half. After a three point basket by Breanne Burley (Sr., Kent, Wash.) with 11:20 in the first half RU took back the lead for the remainder of the half. The Rangers would push their lead to as many as 11 and head into the locker room with a 33-24 lead.

In the second half the Eagles made multiple runs at the lead. A lay up by

Sunni Busch and a 8-0 run gave CSC the two point lead at 43-41 with 14:40 left in the game.

The Rangers took the lead back at 52-45 and Chadron State responded. A 10-3 run by the Eagles tied the game with 9:15 remaining.

Stevi Seitz's (Sr., Golden Valley, Minn.) lay up with 1:03 on the clock gave the Rangers a three point lead. Chadron's Sunni Busch answered with a lay up and RU's lead was cut to one.

The Rangers closed out the game with a crucial jumper by Tuell as 29 seconds remained making the Ranger lead three. Burley finished things off by knocking down a pair of free throws with 15 seconds to secure the win.

Despite an uncharacteristic 24 turnovers RU shot 57.7 percent in the second half and collected 13 steals in the game. The Eagles outscored the

Rangers 49-45 in the second half as they shot 51.4 but it was not enough to overcome their nine point deficit from the first half.

Four Rangers scored in double figures led by Tuell's 26 points. She was 8-of-13 from the field and 8-of-10 from the free throw line while knocking down two three pointers and dishing out five assists.

Kammy Martindale (Jr., Florence, Ore.) came off the bench and finished the game with 15 points, seven rebounds and three steals as she was 6-for-9 from the field.

Burley added 13 points, eight assists and two steals while Lauren Luebbe (So., Rochester, Minn.) contributed 12 points, six rebounds and four rebounds.

The Rangers then tied the game up just 25 seconds later on a goal by Amanda Ponzer (Sr., St. Louis, Mo.) also her first of the season.

After that the Tigers scored the next five goals giving themselves a 7-2 lead. RU answered once again with two more goals. Jen Gunlikson (Sr., Littleton, Colo.) scored on the assist from Gargaro and Maria Heilner (Fr., Steamboat Springs, Colo.) scored her first collegiate goal on the assist by Ponzer.

CC scored three more goals before the half and the Rangers added one more from Lillian Yanni (Sr., Vernon Hills, Ill.) her first of the season.

In the second half the Rangers

grabbed two goals quickly as Ponzer and Yanni scored their second goals of the game. After those two goals Colorado College scored five goals to just one by RU to secure the win in the second period.

The Tigers tallied seven more shots than the Rangers and had six more draw controls.

Six different Rangers scored goals in the game as Ponzer and Yanni led the way with two goals each. Ponzer also added an assist while Yanni tallied four draw controls and four ground balls.

Goalkeeper Brittany Farniok (So., Castle Rock, Colo.) faced 33 shots in the game and made 10 saves.



Photo by Brett Stakelin

Tuell tries to break through a defensive block.

THE AFTERS

ROCK IT OUT IN THE CHAPEL!

On Tuesday night, Feb. 25, students from around Denver excitedly filled the St. Francis Regis Chapel for a concert featuring Christian bands Falling Up, Everyday Sunday, and headliners The Afters. Shirts, CDs, and other concert memorabilia were sold in the narthex.



Photo by Brett Stakelin

Dining hall transforms into dance hall for Rambler's "Grease"

Joey Ruffini
Staff Writer

After the tables are cleared away, the Regis University dining hall will transform into the Regis University Auditorium, for this year's Ramblers Club production of "Grease."

"A lot of kids in Ramblers right now have wanted to do 'Grease' for a couple of years," says Ramblers director Clint Rudolph. "We sort of know what core group we're working with from year to year; we try to pick shows that are good for them."

"Grease" is not the first Regis University production. Choreographer, Shannon Steele, has been a part of Ramblers since its conception.

"This is the 13th year, and I have choreographed every show except two," explained Steele. "[Ramblers] is not an acronym. My dad and I started the club, and my dad was the director of a vocal performance troop at the previous college that he taught; that [group] was called the Graceland Ramblers, and so we just adopted that name for this club."

"There are some lifts and things that we have not done since 'West Side Story,' which is fun, choreographically speaking," said Steele. "Grease includes a lot of recognizable choreography, Steele explained, as she demonstrated with some of John Travolta's trademark arm movements. 'You don't do Grease Lightning for example without doing the choreography that everyone knows so well from the movie.'"

In addition to having to choose a show, this year Ramblers had to find a new practice space due to the construction on the Science Building's amphitheater. "An auditorium for the university would be wonderful. With all the construction going on it's

just hard," Rudolph explained. As a result, the Ramblers settled on practicing in the dining hall.

Freshman Cairistiona Wood was selected to play Sandy Olsson, the foreign exchange student who falls in love with greaser, Danny Zuko (played by senior Toni Steacy).

"It's exciting, this is my first," Wood exclaimed. Wood has never been in a Regis University production before. "I actually started [acting] in the fifth grade with my brother Trevor Wood who also came here." Trevor Wood also acted with the Ramblers, starring in "Footloose" and "West Side Story."

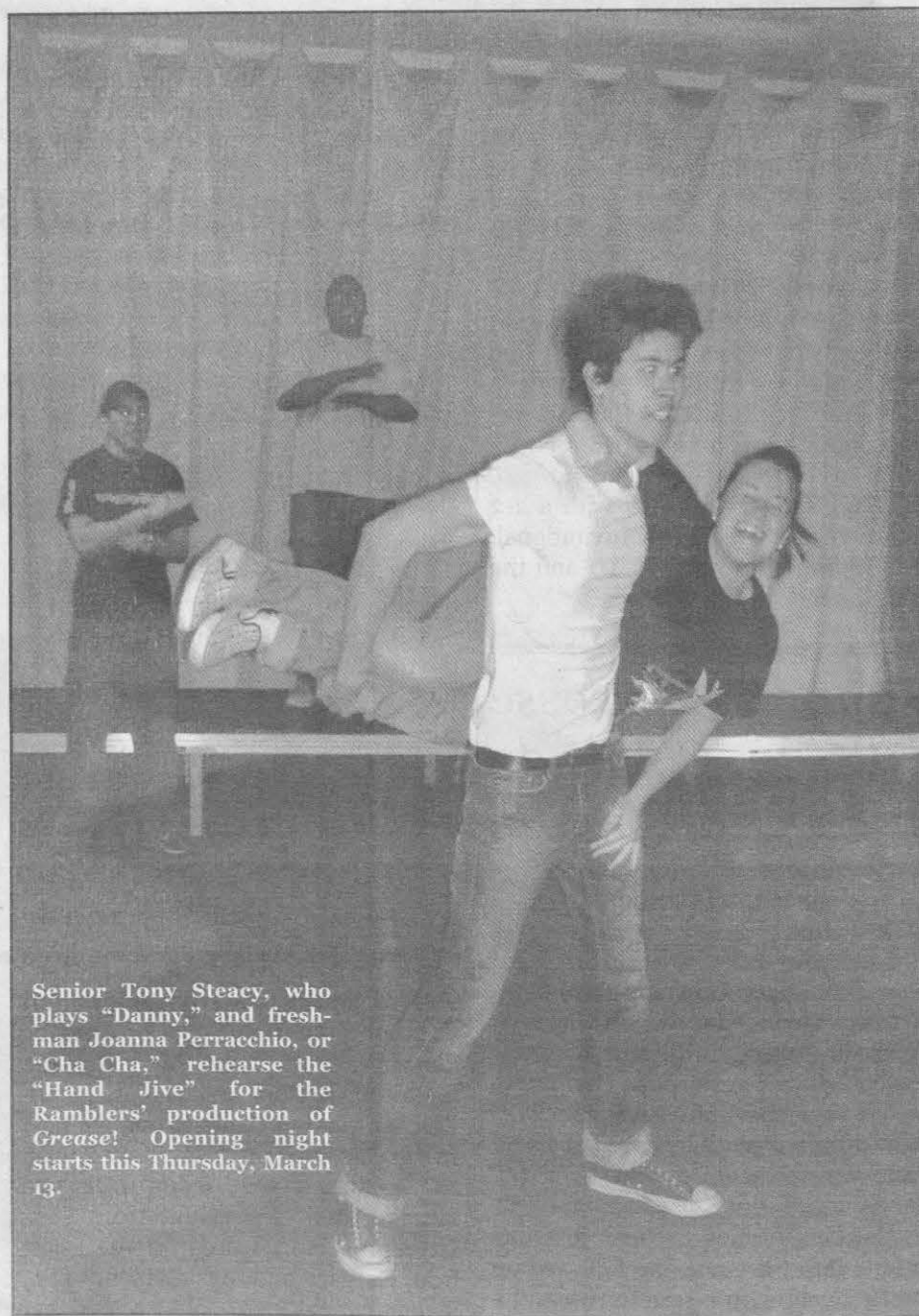
Wood states that she does not plan on pursuing a career as a professional actor. "It's more of a hobby. You get to come here and enjoy what everybody else loves to do."

Senior Toni Steacy will portray the male lead, Danny Zuko, a misbehaved, non-conformist in love with Sandy Olsson.

This is Steacy's fourth Regis production, starting with his role as a member of the Shark gang in the Ramblers production of "West Side Story." Last year, he starred as Willard in "Footloose."

"We don't get any credit or payment or anything, it's all just out of the heart," commented Steacy about the devotion of the cast. "By the end of the year, we all become like family."

Due to language and sexual content, the Ramblers will stage a particular version of "Grease," with some minor alterations to the dialogue. "We're doing a blend of the 'school' version [designed for schools] and the [original Broadway] version. Hopefully we won't offend anybody too bad," Rudolph commented. "In an attempt to just be a little more respectful of our Regis audience and our community, we opted to do the school version,"



Senior Toni Steacy, who plays "Danny," and freshman Joanna Perracchio, or "Cha Cha," rehearse the "Hand Jive" for the Ramblers' production of *Grease*. Opening night starts this Thursday, March 13.

Photo by Joey Ruffini

said choreographer Shannon Steele.

The show opens Thursday, March 13. Tickets are \$6 for students and \$8 for general admission. Seats are expected

to sell out very quickly, so anyone interested in attending should not wait.

Swanson weaves intrigue in *Before the Reef*

Ed Timmins, Jr.
Staff Writer

Eleven years ago English professor Eleanor Swanson began to study the science of barrier reefs. With the goal of writing a novel that explored the personal and psychological impacts of a decades old murder in the Florida Keys, her research also included conversations with a Florida police detective, and a sportswriter for a Ft. Myers newspaper. Dr. Swanson felt that this research provided necessary credibility for the subject matter of her novel.

Swanson has just published that novel, titled *Before the Reef*. For eleven summers, she wrote nearly everyday, "revising until it finally got published." Swanson benefited from the input of a group of writers who reviewed and critiqued her novel as it progressed. "Most writers have a circle of writers who exchange manuscripts," she says. Swanson also used the services of a professional editor.

The novel begins with Rachel, the young daughter of the Colgrove family, who reads in the *Miami Herald* that her father, Noel, faces a murder trial that day. Ultimately, he is acquitted, but the implications of an unsolved murder significantly alter the family. Moving forward, Rachel must face her family's past, while she constantly wonders why her older brother, Gibb, remains focused on the murder, even after two decades.

Swanson's work has appeared in publications such as the *Missouri Review*, *The Denver Quarterly*, and *The Southern Review*. She has written two books of poetry — *A Thousand Bonds: Marie Curie and the Discovery of Radium* (2003), which was a finalist for the Colorado Book Award, and *Trembling in the Bones* (2006). She has won a Fiction Fellowship from the



English professor Eleanor Swanson recently published *Before the Reef*, a novel exploring the personal and psychological impacts of murder in the Florida Keys.

National Endowment for the Arts and received the Colorado Council for the Arts Fellowship in Literature.

Swanson believes that the revision process has helped her writing to have a tighter and stronger structure. By being consciously self-critical she hoped to "kill her darlings"—the personal and emotional attachments that might inhibit the process of revising and improving the work. An essential, yet difficult part of producing a novel is obtaining blurbs, or short reviews for the back of the book, from recognized writers. After much effort Swanson succeeded in getting blurbs from established writers such as Marilyn Krysl, author of *Dinner with Osama* and winner of Notre Dame's Richard Sullivan Prize.

Once she finished the novel, Swanson's final step involved finding a publisher for the book. Although she has an agent, Professor Swanson found a publisher—Plain View Press of Austin, Texas—on her own. The book is available at her website, www.eleanorswanson.com.

To aspiring writers, Swanson advises, "keep writing — don't be discouraged by rejection, the best writing happens through the revision process. Nothing gets worse."

HOROSCOPES

By Jen Janes, Jacqueline Kharouf, Jess Knapp, & Maribeth Waldrep

Mistresses of the Cosmos



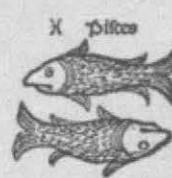
Capricorn
(Dec. 22-Jan. 19)
On your fabulous spring break in Mexico, it is not Montezuma's Revenge

you should be concerned about, but the horrific realization that Taco Bell is not actually authentic.



Aquarius
(Jan. 20-Feb. 18)
People often say that you are like a tree. While you've thought that meant you were

strong and stable, with firm roots in the community, they actually mean that you are thick and dense, and that they want to chop you into little pieces and set you on fire.



Pisces
(Feb. 19-Mar. 20)
You've always wanted to break into the housing market. This week you will get the

chance when your bones, teeth, and face break into the grill of a flatbed carrying prefab houses.



Aries
(Mar. 21-April 19)
This week, the stars will finally align for that upcoming midterm. The con-

stellations will smile kindly upon you and though you will probably not get a good grade because of them, they will sparkle very brightly when this awful week is over.



Taurus
(April 20-May 20)
In your search to complete your wardrobe, you will have to decide

between those black loafers you've been eying at Dillard's and a nice pair of slacks. However you choose, remember that somewhere in this city, a child will go to bed hungry.



Gemini
(May 21-June 21)
Mark your calendar! Today's the day you will finally learn how

leap years work. In celebration of this new nugget of information, you will ruin your Lenten resolution and eat every bit of cheese in your house (later, you won't be sure which event from this day you regret more).



Cancer
(June 22-July 22)
With spring break just around the corner, you decide to get a tan for the trip you are

taking. Be careful, tanning bed number two has a small glitch in it, and you could possibly burn to death in the short five minutes you lay in there

seeking perfection. Don't forget skin cancer. Better just go for the spray on tan instead.



Leo
(July 23-Aug. 22)
Your sun sign is not on your side this week. An imminent

fight with your roommate is brewing, and the only thing you can do to avoid it is study for midterms. Take it easy though, around the end of the week you will find five dollars on the ground!



Virgo
(Aug. 23-Sept. 22)
Watch out for wild animals this week as Pluto enters your

house. In an unfortunate incident, you will swerve your car in order to avoid hitting a deer, but hit a squirrel instead. In turn, this squirrel will come back to haunt you and take away some much needed study time.



Libra
(Sept. 23-Oct. 23)
While preparing about your upcoming tropical vacation, you will actually fall

asleep at the tanning salon, inflicting second-degree burns on yourself. Ravaged by artificial light, you will be unable to venture outdoors during your week in Mexico, and resign yourself to sipping Mai Tais in the lobby while playing checkers for the fifth time in a row with your new retirement-age BFF Edna.



Scorpio
(Oct. 24-Nov. 21)
Stressed about your upcoming GRE diagnostic test? Have no

fear, for this week, the stars will align just in time to help you ace your exam. However, upon exiting the building, you will immediately be hit in the face by a low-flying bird, and proceed to walk around campus all day with pigeon feces on your brand new sweater.



Sagittarius
(Nov. 22-Dec. 21)
Sleep with one eye open. Especially when you bring all your

valuables to your big sexy sleepover in the library. Pillows will become a hot commodity amongst the sleep-deprived students in Dayton Memorial, so plan accordingly, leaving behind Mommy's needlepoint Boo Boo Bunny cushion.

Justice Week

We're camping out on the quad for justice!

Walk on by to engage us in discussion, learn more about an issue you care about, or to look at the tents and feel better about your dorm room living!

OUT ON THE QUAD
MARCH 9TH-14TH

Iraq War



Guantanamo



Wednesday

The Environment



Healthcare



Voter Information and Immigration



Justice Week is sponsored by the Peace and Justice Club, University Ministry, the Movement, Romero House, and SPEAK

Any questions? e-mail Chris Provera: Prove656@Regis.edu

COMMUNITY/CAMPUS EVENTS

Week of March 10-14

Roommate Fair!

Need help looking for a roommate for the upcoming 2008-'09 school year? Make sure to stop by the Office of Residence Life on March 10-14th @ 7 p.m. to scout a possible room/housemate. You will have the opportunity to find and meet other students that are in need of roommates for both West and the Residence Village. For any questions, contact a Residence Life staff member at 303-458-4991.

Wednesday, March 12

Diversity: A World of Change

Sandra Mitchell, assistant provost for diversity, would love to share the Diversity Strategic Plan with the ROI group. The commitment to diversity at Regis may be demonstrated through strategic initiation aimed at providing training and awareness in our community. The meeting will be held from 8:30 to 10:00 a.m. in the Mountain View Room, ALC. Everyone is welcome -- and encouraged to learn about how Diversity is developing here at Regis. Continental Breakfast included! If you have any questions, please contact Sandra Mitchell at smitchel@regis.edu.

Thursday, March 13

ASN Wine & Cheese Reception, Lecture

Alpha Sigma Nu, the Jesuit Honor Society, will be hosting a Wine and Cheese Reception and Lecture presented by Rev. John Staudenmeier, S.J., on "The Geography of Prayer." Reception to be held in the Regis Room, Carroll Hall, from 5:30-6:45 p.m., followed by the lecture in the St. John Francis Regis Chapel at 7 p.m. Cost is free, but please RSVP to Kelly Darby kdarby@regis.edu or Beth Dillon bdillon@regis.edu by March 6th.

Saturday, March 15

ASN Easter Basket Collection

Join Alpha Sigma Nu for the 9th annual Regis University Easter Basket Collection and assembly for the needy children in our area. Last year, members of ASN, students and alumni of Regis helped make over 300 baskets for needy kids. Items needed include: Easter basket goodies, educational supplies and religious articles. All items must be in original packaging, unused and unwrapped. For further information, please email alumni@regis.edu. If you will be attending the March 13th Wine and Cheese tasting, you may deliver your Easter Basket

items at that time.

Thursday, April 10

Student Spring Research Symposium

Regis University students are invited to submit extended abstracts describing their current research or scholarly work within the Sciences, Humanities, or Arts for presentation at the Spring Student Research & Scholarship Symposium. The goal of the symposium is to provide students from Regis College, The Rueckert-Hartman School for Health Professions, and The School for Professional Studies with an opportunity to share their original work with fellow students, faculty, and the public in a multi-disciplinary setting. Visit insite.regis.edu for guideline submissions. Questions? Contact lpadgett@regis.edu

Sabbath Evening of Reflection

People of all spiritual traditions are welcome to attend this time of reflection (designed to help us pause in the midst of our busy schedules and create a special time to rest and renew) from 6:00 - 9:00 p.m. in Main Hall, room 333. Included in this event are: a light supper, quiet reflection, and guided mediation. Space is limited. RSVP by April 3rd to Kelly Darby at

kdarby@regis.edu.

Friday, April 11

Faculty & Staff Recognition Awards Ceremony

Come and celebrate all Regis employees and to honor the recipients of length of service and other special awards! The doors will open for breakfast at 8:00 a.m. and the presentation of awards will begin promptly at 9:00 a.m. in the Field House. If you are interested in nominating a faculty or staff member, please contact Kelly Burton at kburton@regis.edu or call x 4918. Nominations are due Thursday, March 20, by 5 p.m.

Saturday, April 20

Special Olympic Soccer Tournament

The Staff Advisory Council (SAC) is pleased to announce that the 6th Annual Special Olympic Soccer Tournament will be held on Sunday, April 20, 2008 on the Regis soccer fields. If you are interested in volunteering, please contact Carmen Owens, volunteer coordinator, at c Owens@regis.edu or for questions, contact Denise Copeland, event chairperson, at dcopelan@regis.edu. Volunteer spots are limited.

SUDOKU

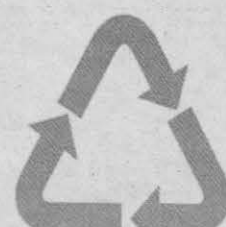
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Solution available at krazydad.com/sudoku under "Challenging," Book 72.

SPEAK

STUDENTS FOR PEACEFUL ENVIRONMENTAL ACTION AND KNOWLEDGE



All students, faculty, and staff who are passionate about the environment are encouraged join SPEAK, and help make Regis a more sustainable campus. SPEAK is dedicated to improving our communities by raising awareness of the issues that affect not only us and our neighborhoods, but our global society and futures.

Questions? Contact Zach Owens at owen467@regis.edu